

I've Had It-1 Kings 19:1-21

I. It can happen to anybody.

II. It destroys your ability to think straight.

1-He became irrational.

2- He had an overwhelming desire to escape.

3- He was consumed with self-pity.

III. It won't go away until you do something about it.

1-Take care of your physical needs.

2- Seek God in solitude.

3- Listen for God's voice in silence.

The purpose of a private retreat is to place yourself in God's presence long enough to get his perspective.

Success is no substitute for fellowship with God.