

“Fruity Followers” #4

Patience: I Need It NOW! Galatians 5:22-23

I. PATIENCE IS THE ABILITY TO ACCEPT DELAY OR DISAPPOINTMENT GRACIOUSLY.

II. PATIENCE IS RARE (VALUABLE) BECAUSE IT’S CONTRARY TO OUR NATURE AND OUR CULTURE

Top three impatience triggers

#3 IRRITATING PEOPLE

#2 WAITING

#1 TRAFFIC

III. PATIENCE IS CALM ENDURANCE UNDER PRESSURE, KNOWING THAT GOD IS IN CONTROL

Three things you can intentionally do that will improve your level of patience.

- (1) Identify your impatience triggers
- (2) Don’t sweat the small stuff.
- (3) Slow down and trust God In a fast-paced world.