

“Raising Kids Without Raising Blood Pressure”

Matthew 5:48

Strengthening Your Family #3

I. I MUST LEARN TO UNDERSTAND MY KIDS.

II. I MUST ACCEPT MY CHILDREN.

III. I MUST DISCIPLINE MY CHILDREN.

1. Do it calmly.

2. Discipline quickly.

3. Discipline sparingly.

IV. I MUST EXPRESS LOVE TO MY CHILDREN

1. Through affection

2. Through affirmation

3. Through attention

V. I MUST BE CONSISTENT WITH MY CHILDREN.

1. You don't imply perfection.

2. Keep your promises.